



Jog-a-Dog Canine Exercise

Purpose: The Jog-a-Dog program is designed to help our higher energy dogs get additional exercise. Pairs or small groups of volunteers go together on a jog; between 1-2 miles at designated offsite routes.

Location: This role is available at our Dublin **OR** Oakland shelter. Parking is available on-site at both locations.

- Oakland Shelter: 8323 Baldwin Street, Oakland
- Dublin Shelter: 4651 Gleason Drive, Dublin

Key Responsibilities:

- Meet with all other runners in the volunteer office at beginning of shift.
- Prepare supplies needed for the jog.
- Select from the program approved dogs only.
- Jog in pairs or as a group.
- Return supplies and dog to their kennel or habitat.
- Spot clean Jog-a-Dog candidate kennels and habitats.
- Pick-up and dispose of animal waste.

Time Commitment:

- Commit to at least one run per month on a regular schedule.
- Shifts available in Oakland:
 - Saturdays & Sundays from 9:30am – 11:30am.
- Shifts available in Dublin:
 - Saturdays & Sundays from 9:30am – 11am.
 - Limited weekday morning and evening availability after completing group mentor jogs.
- We ask each volunteer to make a six-month minimum commitment, but we hope you stay longer!

Training & Support:

- Must attend the East Bay SPCA's New Volunteer Orientation.
- Please note this is the only animal handling role that does not require an animal care shift prior to starting this role.
- Complete a classroom-based Jog-a-Dog training.
- Complete a minimum of three mentor runs with one of our veteran Jog-a-Dog volunteers.
- The Volunteer Services Manager is available for questions and assistance.

Requirements & Qualifications:

- **At least 18 years of age.** *Parent/child pairs are not eligible for this role.*
- Carry treats, dog waste bags, and other necessary supplies.
- Wear East Bay SPCA nametag and Jog-a-Dog or volunteer t-shirt. T-shirts are \$15.
- Follow all Jog-a-Dog protocols and procedures; including warm up/cool down and logging runs.
- Report any incidents that occur.
- Each jogger must adhere to the dog's specific needs rather than the needs of the jogger.
- Adhere to following pre-approved jogging routes.