



East Bay SPCA Contact:
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FOR RELEASE
March 10, 2015

****MEDIA ALERT****

MIND, BODY, DOG: YOGA AT THE EAST BAY SPCA IN DUBLIN

- WHO:** Local yoga enthusiasts join lululemon athletica Stoneridge, Coastal Classic Creations and the East Bay SPCA for “Yoga at the Shelter”
- WHAT:** A one-hour yoga class benefiting homeless animals in the Dublin community, and promoting healthy lifestyles through the practice of yoga. Participants donate \$10 to attend the yoga class and socialize with East Bay SPCA shelter animals.
- WHEN:** Thursday, March 10, 2016 from 6PM – 8PM
- WHERE:** East Bay SPCA Dublin, 4651 Gleason Drive, Dublin, CA 94568
- WHY:** **Pets and Yoga? Great photo opportunity** showcasing local citizens giving back to their community and participating in a fun and relaxing activity.

About the [East Bay SPCA](#)

The East Bay SPCA is a 501 (c) 3 nonprofit committed to the welfare of cats and dogs in Alameda and Contra Costa Counties. Our mission is to eliminate animal cruelty, neglect and overpopulation by providing programs and education that support people and companion animals. We operate [adoption centers](#) in Oakland and Dublin; offer [training classes](#), [humane education programs](#) and [spay/neuter centers](#) in both locations; and a full-service [veterinary clinic](#) in Oakland. Founded in 1874, The East Bay SPCA is one of the nation’s oldest humane organizations and receives no funding from any national organizations. www.eastbayspca.org

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